

WALTHAM RECREATION

# SPRING



REGISTER  
TUESDAY,  
MARCH 12!

MORE INFO INSIDE! 

2024

[CITY.WALTHAM.MA.US/RECREATION-DEPARTMENT](https://CITY.WALTHAM.MA.US/RECREATION-DEPARTMENT)

# REGISTRATION INFORMATION



ONLINE REGISTRATION BEGINS:

**TUESDAY, MARCH 12  
AT 9:00 A.M.**

To register go to [www.city.waltham.ma.us](http://www.city.waltham.ma.us) and follow the link to the Recreation Department. Online registration is for Waltham Residents.

When registering for programs, parties agree to the following guidelines; Any registration that does not comply with the following will be subject to cancellation. Activenet.com processing fees will not be refunded/credited. Recreation Department credit will be issued. We are unable to issue refunds.

- All programs are offered to Waltham residents only, unless otherwise stated.
- Before registering, check that the participant meets the age/date of birth/grade level qualifications.
- Registrations are accepted on a first-come, first-served basis until a program fills or registration closes.
- Each adult may register immediate family only.
- A processing fee of \$10.00 will be charged for any changes made to registrations.
- Birth certificates and proof of residency are required for all first-time participants. Please submit these to the Recreation Office within one week of registering and/or before the start of a program.

## PROGRAM CANCELLATION POLICIES

- Programs may be cancelled due to inclement weather. Make-up of all cancellations cannot be guaranteed, but every effort will be made to do so.
- Although we do not expect to cancel programs, we reserve the right to cancel due to insufficient enrollment, space limitations, or instructor availability.
- If a program is cancelled, all participants will receive a credit on account.
- Recreation credits can be applied to future programs or reservations.
- We are unable to issue refunds.

## WITHDRAWALS

- If a participant withdraws for any reason, credits will be issued if a program is full and we are able to fill the opening.

## ONLINE REGISTRATION

- Registration will be online.
- Online registrants are required to submit a paper copy of our waiver, consent and release form.
- If you are experiencing difficulties or are more comfortable registering in person, please stop by the main office at 510 Moody Street.

## ACTIVENET.COM

- We have employed the services of Activenet.com (secure site) for online registration.
- You must have a valid credit card for registration. Activenet accepts Visa, Mastercard, and American Express.
- Charged transactions will appear on your statement as Activenet.com.
- Please keep the confirmation email you receive from Activenet as your receipt
- Activenet.com will charge a processing fee.

# GENERAL INFORMATION



## CONTACT US

**ADDRESS:** 510 MOODY STREET  
8:30 A.M. to 4:30 P.M. Monday-Friday

**PHONE:** 781-314-3475

**EMAIL:** [recreationdepartment@city.waltham.ma.us](mailto:recreationdepartment@city.waltham.ma.us)

**WEBSITE:** [city.waltham.ma.us/recreation-department](http://city.waltham.ma.us/recreation-department)

*"Reaching out to all in our community"*

## OUR MISSION STATEMENT

The Waltham Recreation Department is committed to providing high quality programs that meet the needs of our diverse population. The programs are accessible to all people and offer sports and leisure activities that promote a healthy and active lifestyle. The Recreation Department plays an integral role in the design and construction of all City of Waltham playgrounds, water play facilities, athletic fields, and park improvements.

## ¿NECESITA INFORMACIÓN EN ESPAÑOL?

Para ver el folleto completo en español visite:

[city.waltham.ma.us/recreation-department/pages/program-information](http://city.waltham.ma.us/recreation-department/pages/program-information)

## INCLUSION SUPPORT

Do you or your child need special accommodations for our programs? We offer inclusive services for all ages in our programs and will assist to ensure a successful experience for everyone. E-mail Ben Kiwanuka at [bkiwanuka@city.waltham.ma.us](mailto:bkiwanuka@city.waltham.ma.us)



  @WALTHAMRECREATION

Follow us on social media & visit our website [city.waltham.ma.us/recreation-department](http://city.waltham.ma.us/recreation-department) to stay up to date on all Recreation info!

# GENERAL INFORMATION

## MEET THE TEAM:

**LISA DIBLASI**  
  
ADMINISTRATIVE ASSISTANT  
LDIBLASI@CITY.WALTHAM.MA.US

**KIM HEBERT**  
  
DIRECTOR  
KHEBERT@CITY.WALTHAM.MA.US

**ED KELLEY II**  
  
ASSISTANT DIRECTOR  
EKELLEY@CITY.WALTHAM.MA.US

**KAREN O'BRIEN**  
  
ADMINISTRATIVE ASSISTANT  
KOBRIEN@CITY.WALTHAM.MA.US

**RYAN KELLEY**  
  
SUPERINTENDENT OF RECREATIONAL FACILITIES  
RKELLEY@CITY.WALTHAM.MA.US

**ADAM GREEN**  
  
PARK RANGER  
AGREEN@CITY.WALTHAM.MA.US

**TYLER LECHMAN**  
  
RECREATION SUPERVISOR  
TLECHMAN@CITY.WALTHAM.MA.US

**MAK FENTON**  
  
RECREATION SUPERVISOR  
MFENTON@CITY.WALTHAM.MA.US

**BEN KIWANUKA, CPRP**  
  
RECREATION SUPERVISOR  
INCLUSION COORDINATOR  
BKIWANUKA@CITY.WALTHAM.MA.US

**KARA GREELEY, CPRP**  
  
RECREATION SUPERVISOR  
KGREELEY@CITY.WALTHAM.MA.US

**ADAM DALLAIRE**  
  
RECREATION SUPERVISOR  
TEEN COORDINATOR  
ADALLAIRE@CITY.WALTHAM.MA.US

## PARKS-RECREATION BOARD:

- JERRY WALKER, CHAIRMAN
- JOHN GRACEFFA, VICE CHAIRMAN
- WAYNE COOK, MEMBER
- PATRICIA CURTIN, MEMBER
- THOMAS CREONTE, MEMBER
- JENNIE SCAFIDI, MEMBER
- DICK SCANLON, MEMBER
- STACEY TULLY, MEMBER
- GARY VALLERAND, MEMBER



PHOTOS: CAPTURED BY MOLL

## TABLE OF CONTENTS

<b>GENERAL INFORMATION</b> .....	2-5
<b>BIRTHDAY PARTY INFORMATION</b> .....	6
<b>SPECIAL EVENTS</b> .....	7-9
<b>APRIL VACATION</b> .....	10
<b>ONE TIME FUN</b> .....	11
<b>PROGRAM SNAPSHOT</b> .....	12
<b>SEASON SCRAPBOOK: WINTER</b> .....	13
<b>PRESCHOOL PROGRAMS</b> .....	14-17
<b>YOUTH PROGRAMS</b> .....	18-23
<b>CHILL ZONE</b> .....	24-25
<b>ADULT PROGRAMS</b> .....	26-27
<b>PICKLEBALL</b> .....	28-29
<b>PAVILION RESERVATION</b> .....	30
<b>SUMMER INFORMATION</b> .....	31

  @WALTHAMRECREATION


Follow us on social media & visit our website [city.waltham.ma.us/recreation-department](http://city.waltham.ma.us/recreation-department) to stay up to date on all Recreation info!

### IMPORTANT CITY NUMBERS:

**CITY HALL** (781) 314-3000  
**PUBLIC WORKS** (781) 314-3855  
**COUNCIL ON AGING** (781) 314-3499  
**HEALTH DEPARTMENT** (781) 314-3305  
**SCHOOL DEPARTMENT** (781) 314-5400  
**LIBRARY** (781) 314-3425  
**CITY CLERK** (781) 314- 3120  
**POLICE NON-EMERGENCY** (781) 893-3700

Lowell Field Playground, 2023



Click the photo to check out our parks! 

# BIRTHDAY PARTIES

**CELEBRATE YOUR BIRTHDAY WITH US!**

Parties are offered for children ages 3+  
on Saturdays through June

**REGISTER ONLINE!**

VISIT [CITY.WALTHAM.MA.US/RECREATION-DEPARTMENT](http://CITY.WALTHAM.MA.US/RECREATION-DEPARTMENT)

Register up to two months in advance and a minimum of two weeks prior.  
(Example: Sept. 12th for a Nov. 12th party)

## PARTY PRICING

Up to 20 party friends     \$150.00  
Paint Locker add-on     \$25.00

## AVAILABLE ACTIVITIES:

**Choose one large space:**

Skate 'n' Scoot

Auditorium with Bounce Castle

Gym with a Sport (2 & 3 P.M. only)

**Second activity options:**

Bowling (Kindergarten+)

Glow Gaga Ball (Grades 2+)

Paint locker (\$25 fee)



# SPRING FEST



**FREE  
FAMILY EVENT**

**SATURDAY,  
MAY 18**

**AMUSEMENTS  
TOUCH-A-TRUCK  
LAWN GAMES  
CRAFTS  
FOOD TRUCKS  
& MORE!**

**PROSPECT HILL PARK  
314 TOTTEN POND ROAD**

**10:00 AM-2:00 PM**

**FEATURING  
FAMOUS  
MAGICIAN,  
BONAPARTE!  
12:30 P.M.  
PERFORMANCE**



# PROSPECT HILL AMUSEMENTS



**SPRING SCHEDULE COMING SOON!**

FOLLOW US ON SOCIAL @WALTHAMREC FOR UPDATES  
QUESTIONS? EMAIL ED, EKELLEY@CITY.WALTHAM.MA.US





# KIDS Karaoke NIGHT

FRIDAY, MARCH 22  
3:30-5:30 PM

Get ready to rock the mic! Join us for a musical extravaganza with singing, a photobooth, and fun! Let your inner superstar shine!

*\*Family Event\**

Pre-registration is required.

Cost: \$16 per family

# APRIL VACATION

## TUESDAY, APRIL 16- FRIDAY APRIL 19

### WE ♥ THE EARTH

#### LET'S CELEBRATE EARTH DAY!

Join us for a week of exploration, creativity, and fun!  
We'll spend our time inside and out!  
Details will be sent the week before!



### VACATION FUN

#### LET'S HAVE FUN!

Join us at 510 Moody Street for crafts, games, gym time, playground visits and bouncing on inflatables await!  
Details will be sent the week before!



### TEEN TRIPZ

Daily field trips and fun activities at 510 Moody Street await!

**Tuesday:** AMC Theaters

**Wednesday:** Launch Framingham

**Thursday:** Xtreme Craze

**Friday:** APEX Entertainment

\*schedule above is tentative based on booking availability\*



### INTRO TO ARCHERY

Learn the history, the safety regulations, and skills for archery. Bring a water bottle & wear closed toe shoes as basic skills are taught and games will be played.



GRADE	PROGRAM	WHERE	STAFF	TIME	COST
K-5	WE LOVE THE EARTH	Prospect Hill Park	Kara	9 a.m.- 3 p.m.	\$85
	VACATION FUN	510 Moody	Ben/ Tyler		
6-8	TEEN TRIPZ		Adam/ Mak		
6-12	ARCHERY	Prospect Hill Park	Keith Hatfield	10 a.m.- 12 p.m.	\$80

## HALFDAY FUNDAY

Join us at Prospect Hill for your Early Release Day! We'll spend our time doing crafts, playing both inside and outside. We will visit the playground and maybe hike. Please dress for the weather, & bring a snack and water.

GRADE	DATE	TIME	WHERE	STAFF	COST
K-5	4/24	2-5 p.m.	Prospect Hill 314 Totten Pond Rd.	Kara	\$25

## FUN WITH FRIENDS

Time to have some fun, make new memories and celebrate friendship. We will have many fun activities planned such as crafts, games, and outdoor play. Bring a water bottle and be ready for some fun. Pizza will be provided!

GRADE	DATE	TIME	WHERE	STAFF	COST
K-5	4/24	2-5 p.m.	Waltham Rec 510 Moody St.	Ben	\$30

## BUILDWAVE: A HANDS ON BUILDING GAME

Buildwave combines STEM learning with creativity in a video game-like program! Students use over 50 building materials to progress through "levels" of creativity. With animations and music guiding them, they build confidence, collaboration skills, and encounter design/engineering fundamentals. Explore more at [www.buildwave.com](http://www.buildwave.com).

GRADE	DATE	TIME	WHERE	STAFF	COST
K-6	4/24	2-5 p.m.	Waltham Rec 510 Moody St.	Buildwave instructors	\$35



## TEEN TRIPZ - XTREME CRAZE

Join us for some Early Release Day Laser Tag and fun at Xtreme Craze! We will play four super fun laser tag games, receive arcade cards and have a pizza dinner!

GRADE	DATE	TIME	WHERE	STAFF	COST
6-8	4/24	1-5 p.m.	14 Church St.	Adam	\$40

## FAMILY INTRO TO ARCHERY

Adult/child pairs, come learn the history behind the safety regulations and skills for archery. Bring a water bottle & wear closed toe shoes as basic skills are taught and games will be played.



GRADE	DATE	TIME	WHERE	STAFF	COST
2+	4/20	10a-12p	Prospect Hill 314 Totten Pond Rd.	Keith Hatfield	\$35/pair

# PROGRAM SNAPSHOT

## SPRING 2024



PRE-K

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Musicians 9:00; 10:00	Inflataplay 10:00	Giraffe School 9:00-12:00	Jump Up & Go 10:00	Giraffe School 9:00-12:00
Treasure Hikes 10:00	Little Pre-Cassos 10:00		WFCF Little Sprouts 10:00	
Giraffeternoons 1:00	Mini Movers 1:00; 2:00		Skate 'n' Scoot 10:00	
Little Dragons 3:30			Tiny Bowlers 10:15	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
I Like to Move it 3:00	Kickin' It/Fun Soccer 3:30/4:30	Golfing Buddies 3:30	Junior Pickleball 3:30	Fun Fridays 3:30	Putting on the Green 9:00
Tennis Lessons 3:30	Treasure 2.0 3:30	Designing Kicks 3:30	Strings & Things 3:30	Hoop Stars 3:30	
Mixed Media 3:30	Shorty Shirts 3:30	Outdoor Adventure 3:30	WFCF Explorers 3:30		
Beads & Beyond 3:30	Street Hockey 3:30		Thundercats Dodgeball 3:30		
Karate 4:10; 5:05	Gym Time 3:30				



YOUTH



TEEN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14 Church St. 2:30		14 Church St. 2:30	Street Hockey 3:30	Chill Zone 3:00
				Junior Pickleball 3:30

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Zumba 5:30	Golf Clinic 5:45	Pickleball Play 4:30	COA Pickleball 10:45; 11:35	Pickleball 9:30
Tennis 6:00	Dodgeball 6:00	Zumba 5:30	Pickleball 4:30	Pickleball Play 11:15
Yoga 6:45			Pick-Up Basketball 6:00	



ADULT



# WINTER

I love winter!



Happy Valentine's Day



KIDS DESIGNING KICKS



vacation fun



Dinosaur Rock

# PRE-SCHOOL PROGRAMS

Lions and tigers and bears, oh my!  
 Find your child's birthday below, then choose the best programs for them!  
 Birth certificates for new participants are required by Friday, March 29

- LIONS:** Born September 2021–August 2022
- TIGERS:** Born September 2020– August 2021
- BEARS:** Born September 2019– August 2020
- GIRAFFES:** Born September 2018– August 2019

## KARATE KIDS- LITTLE DRAGONS

This fun and upbeat class will emphasize listening and following directions, stretching and breathing, and of course some cool karate routines! Uniforms and belts are provided for this age-appropriate martial arts program for preschoolers. Grown-ups must stay for the duration of the class.

AGE	DATES	DAY	TIME	WHERE	STAFF	COST
<b>GIRAFFES</b>	4/1-6/10	Monday	3:30-4:00p	Waltham Rec 510 Moody St.	Steve Nugent Karate	\$144
NO PROGRAM APRIL 15 & MAY 27						

## MINI MUSICIANS

Introduce your child to the world of music! Play songs, interact with instruments, and learn fun games for musical development. Discover global cultures through rhythm and melody, and explore how to listen to music with your child. Nurture their creativity and interest in music while developing valuable skills. One adult per child required.

AGE	DATES	DAY	TIME	WHERE	STAFF	COST
<b>LIONS TIGERS</b>	4/1-5/20	Monday	9-9:45a	Waltham Rec 510 Moody St.	Go Go Allegro	\$70
<b>BEARS GIRAFFES</b>			10-10:45a			
NO PROGRAM APRIL 15						



## TREASURE HIKES

Are you and your grown-up ready for an adventure?! Each week we will go on a hike in a different part of Prospect Hill Park, to find some keys and treasure! Please wear appropriate clothing and shoes for hiking.

AGE	DATES	DAY	TIME	WHERE	STAFF	COST
<b>TIGERS BEARS GIRAFFES</b>	4/29-6/10	Monday	10:00-10:45a	Prospect Hill 314 Totten Pond Rd.	Kara	\$35
NO PROGRAM MAY 27						

# PRE-SCHOOL PROGRAMS

## LITTLE PRE-CASSOS

Little Pre-casso's is a fun art class for preschoolers and their parents. This class will consist of weekly art projects using everyday household supplies in addition to traditional brushes and paints. This program is designed to spark innovative and creative ideas in children, while learning fun fact about the world-renowned Pablo Picasso.

AGE	DATES	DAY	TIME	WHERE	STAFF	COST
<b>BEARS</b> <b>GIRAFFES</b>	4/2-5/21	Tuesday	10-10:45a	Waltham Rec 510 Moody St.	Mak	\$49

NO PROGRAM APRIL 16

## MINI MOVERS

Learn how to move, catch, and throw like a Pro. Mini Movers is an exciting program that will develop basic athletic movements through cool and fun games.

Grown-ups prepare to participate!

AGE	DATES	DAY	TIME	WHERE	STAFF	COST
<b>TIGERS</b> <b>BEARS</b>	4/2-5/21	Tuesday	1-1:40p	Waltham Rec 510 Moody St.	Tyler	\$49
<b>GIRAFFES</b>			1:50-2:30p			

NO PROGRAM APRIL 16



## INFLATAPLAY

This class will have you bouncing away! Join us at the lodge for a morning of fun.

Bounce the morning away and jump into playtime with our fun toys!

AGE	DATES	DAY	TIME	WHERE	STAFF	COST
<b>TIGERS</b> <b>BEARS</b> <b>GIRAFFES</b>	4/2-5/28	Tuesday	10:00a or 11:00a	Prospect Hill 314 Totten Pond Rd.	Kara	\$49

NO PROGRAM APRIL 16

## JUMP UP & GO

Let's play, move, and learn together! Get ready for fun movement games and an obstacle course. Don't forget your water bottle!

AGE	DATES	DAY	TIME	WHERE	STAFF	COST
<b>TIGERS</b> <b>BEARS</b> <b>GIRAFFES</b>	4/4-5/30	Thursday	10:00-10:45a	Prospect Hill Park 314 Totten Pond Rd	Kara	\$56

NO PROGRAM APRIL 18

# PRE-SCHOOL PROGRAMS

## TINY BOWLERS

Let's get ready for some family fun! Bring your adult and get ready to enjoy our very own four lane bowling alley. Max of 3 children per adult.

AGE	DATES	DAY	TIME	WHERE	STAFF	COST
<b>TIGERS</b> <b>BEARS</b> <b>GIRAFFES</b>	4/4-5/23	Thursday	10:15-11:00a	Waltham Rec 510 Moody St.	Ben	\$49
NO PROGRAM APRIL 18						

## WFCF LITTLE SPROUTS

At this outdoor program, you and your little ones celebrate spring on the farm. Engage in hands-on activities like planting, exploring, playing games, and more. Rain or shine, we're ready with sheltered areas. Dress appropriately and bring sun protection.

AGE	DATES	DAY	TIME	WHERE	STAFF	COST
<b>GIRAFFES</b>	4/25-5/30	Thursday	10:00-11:00a	Waltham Fields Community Farm 240 Beaver St.	Farm Staff	\$60



## SKATE 'N' SCOOT

### PRE-K DROP-IN HOURS

Roll into excitement every Thursday morning this spring! Join us for free drop-in Skate 'n' Scoot! Bring your own gear or glide into action with our selection of scooters, skates, and ride-on toys. Safety is our top priority, so please don't forget to bring your helmet. Helmets are a must-have for all participants to ensure a safe and thrilling experience for everyone.



AGE	DATES	DAY	TIME	WHERE	STAFF
<b>LIONS</b> <b>TIGERS</b> <b>BEARS</b> <b>GIRAFFES</b>	4/4-5/30	Thursday	10:00-11:00a	Waltham Rec 510 Moody St.	Mak
NO PROGRAM APRIL 18					



# GIRAFFE SCHOOL

Let's get ready for kindergarten in a fun "four-going-on-five" way! We'll have a morning filled with play, art, science, movement, hikes, and more. Each child can join us for one morning per week of unforgettable fun!



AGE	DATES	DAYS	TIME	WHERE	STAFF	COST
GIRAFFES	4/3-6/14	Weds/ Fri	9:00- Noon	Prospect Hill Park 314 Totten Pond Rd.	Kara	\$100

Children born between September 2018 & August 2019

## GIRAFFETERNOONS

New this season! Let's start our week with Giraffeternoons - where the fun never stops! Join us for an afternoon of play, crafts, and outdoor exploration inspired by Giraffe School. Get ready to play, create, and unleash your imagination!

AGE	DATES	DAY	TIME	WHERE	STAFF	COST
GIRAFFES	4/1-6/10	Monday	1:00-2:30p	Prospect Hill 314 Totten Pond Rd.	Kara	\$60
NO PROGRAM APRIL 15 & MAY 27						



# YOUTH PROGRAMS



## KARATE

Karate classes will teach proper stances, breathing, stretching, discipline, confidence, and practical self-defense. All instructors are certified black belts teaching a standardized system of martial arts so that the quality is high and consistent. Uniforms and belts are provided. Parents/guardians are required to stay for the duration of the class.

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
K-2	4/1-6/10	Monday	4:10-4:55p	Waltham Rec 510 Moody St.	Steve Nugent Karate	\$144
3-8			5:05-5:55p			
NO PROGRAM APRIL 15, MAY 27						



## BEADS & BEYOND

We'll kick things off by playing at the playground then head inside to craft bracelets, necklaces, bead lizards and more!

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
K-3	4/1-6/3	Monday	3:30-4:30p	Prospect Hill 314 Totten Pond Rd	Kara	\$42
NO PROGRAM APRIL 15						

## MIXED MEDIA MASTERPIECES

Join us after school in a fun, relaxed environment. Together we'll explore many fantastic art forms using a variety of different media. As we cut, draw, color, paint, glue, build we'll develop our artistic side through hands on activities. Remember to wear clothes you don't mind getting a little dirty.



GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
2-4	4/1-5/20	Monday	3:30-4:30p	Waltham Rec 510 Moody St.	Melanie Tsolas	\$49
NO PROGRAM APRIL 15						

# YOUTH PROGRAMS



## YOUTH TENNIS LESSONS

Beginning tennis lessons – Have fun learning the fundamentals of playing the game of tennis. Learn how to hold the racquet, practice drills, fore-hand and back hand, the serve and scoring. Equipment will be provided but you are welcome to bring your own racquet. Please wear sneakers and bring a water bottle.

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
K-2	4/29-5/20	Monday	3:30-4:20p	Lowell Field Courts 190 Grove Street	Sandi Tomasello	\$40
3-4			4:30-5:20p			

## KICKIN' IT

Come play and learn all about the wonderful game of soccer! Each week we will have skills practice and a 6 v 6 game. It's all about teamwork, sportsmanship, and communication!

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
K-2	4/23-5/28	Tuesday	3:30-4:30p	Falzone Field 901 Trapelo Rd.	Ben	\$42
NO PROGRAM APRIL 30						

## FUN SOCCER TUESDAYS

Love soccer and fun? Join us! Practice skills, play games, random team picks, and free play. There are no goalkeepers at Fun Soccer and there is minimal coaching. Let's have fun!

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
3-6	4/23-5/28	Tuesday	4:30-5:30	Falzone Field 901 Trapelo Rd.	Ben	\$42
NO PROGRAM APRIL 30						

## I LIKE TO MOVE IT

Get ready to run, dodge, throw and tag! Capture the flag, dodgeball and kickball are just a few of the activities that will be played! Please bring sneakers and a water bottle!

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
K-5	4/1-5/20	Monday	3:00-4:30p	Northeast Elementary 70 Putney Ln.	Tyler	\$49
	4/3-5/29	Wednesday	3:30-4:30	Waltham Rec 510 Moody St.		

NO PROGRAM APRIL 15, 17, 24



# YOUTH PROGRAMS

## TREASURE HIKES 2.0

Let's find treasure! Enjoy weekly clues and uncover treasure on exciting scavenger hunts! Please wear weather appropriate clothing, insect repellent, and bring your water bottle!

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
K-3	5/7-6/4	Tuesday	3:30-4:45p	Prospect Hill Park 314 Totten Pond Rd.	Kara	\$35

## GYM TIME

Get pumped for Gym Time! Experience street hockey, soccer, basketball, tag games, and beyond! Don't forget your sneakers and water bottle for an action-packed session!

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
2-5	4/1-5/20	Tuesday	3:30-4:30p	Govt. Center Gym 119 School St.	Tyler	\$49

NO PROGRAM APRIL 16



## GOLFING BUDDIES

Join our four-week inclusive junior golf clinic. Joe Lazaro Putting Green, learn golf basics, and enhance your short game skills. Our inclusive/adaptive approach ensures individualized learning, boosting self-confidence and fostering social, personal, and physical development.

This program honors Joe Lazaro, a Waltham native and blind golf champion injured in WWII. Despite his special needs, Joe learned to play golf without sight.

*"I am not handicapped; I just do things differently."*



GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
3-8	4/24-5/15	Wednesday	4:30-5:30p	Joe Lazaro Putting Green/ Leo J. Martin Golf Course	Bob Beach	\$45

# YOUTH PROGRAMS



## STREET HOCKEY

Come join us for some street hockey fun! We will work on basic fundamentals like shooting and stick handling and will end with a scrimmage every week! Please bring a stick, hockey gloves if desired, a water bottle and sneakers!

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
3-5	4/23-5/28	Tuesday	3:30-4:30p	Hillcroft Playground	Adam	\$42
6-8	4/25-5/30	Thursday				

## KIDS DESIGNING KICKS

Kids Designing Kicks (KDK) is a unique program that allows kids to express their love for art, design and kicks (sneakers). KDK provides a unique opportunity for artists to learn and grow their skills. KDK will be catered to this current generation of artists/designers.

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
1-5	4/3-5/29	Wednesday	3:30-4:30p	Waltham Rec 510 Moody St.	Mak	\$42

NO PROGRAM APRIL 17 & APRIL 24



## OUTDOOR ADVENTURE

Let's get outside and have an adventure! We will hike, explore Prospect Hill, and have fun on the playground. Please dress for the weather, and bring a water bottle!



GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
K-3	4/3-6/5	Wednesday	3:30-4:30p	Prospect Hill 314 Totten Pond Rd	Kara	\$42

NO PROGRAM APRIL 17 AND APRIL 24

# YOUTH PROGRAMS



## SHORTY SHIRT DESIGNERS

Shorty Shirt Designers: Where children unleash their creativity in art and fashion. Grow artistic skills and express love for design in this unique program.

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
3-5	4/2-5/21	Tuesday	3:30-4:30p	Waltham Rec 510 Moody St.	Mak	\$49
NO PROGRAM APRIL 16						

## WALTHAM FIELDS COMMUNITY FARM AFTER SCHOOL EXPLORERS

Head to the farm for outdoor, springtime exploration. Experience immersive curriculum through movement-based activities, animal encounters, science experiments, and nature crafting. Connect directly with the farm while gaining a deeper understanding of food origins. Dress appropriately and bring sun protection.

PROGRAM	GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
GARDEN EXPLORERS	K-3	4/25-5/30	Thursday	3:30-5:00p	WFCF 240 Beaver St.	Farm Staff	\$90
FARM EXPLORERS	4-8						

## THUNDERCATS DODGEBALL

Come have a (dodge) ball with Thundercat Sports! This program will consist of different dodgeball games. Focus will be to get participants active and having fun! Wear sneakers, and bring a water bottle.

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
1-4	4/4-5/9	Thursday	3:30-4:30p	119 School St.	Thundercats	\$70
NO PROGRAM APRIL 18						

## JUNIOR PICKLEBALL

The rules are simple and the game is easy for beginners to learn, but it can develop into a fast-paced, competitive game for experienced players. Learn to play then put your skills to the test in friendly games. Equipment will be provided.



GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
3-5	4/4-5/16	Thursday	3:30-4:30p	Waltham Rec 510 Moody St.	Ben	\$42
6-8	4/5-5/24	Friday	3:30-4:30p	Graverson Park		
NO PROGRAM APRIL 18, 19, MAY 3						

# YOUTH PROGRAMS

## STRINGS & THINGS

Let's get creative with all types of string! Explore gimp, floss, yarn, and more to weave, braid, knot, and crochet your way to unique projects. Join us each week to craft fun and lasting string creations!



GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
3-5	4/4-5/30	Thursday	3:30-4:45p	Prospect Hill 314 Totten Pond Rd	Kara	\$56

NO PROGRAM APRIL 18

## FUN FRIDAYS

Join Kara for Fun Fridays! Each Fun Friday we will do fun activities, arts and crafts, and play games that go with the theme!

**April 26- Celebrate Arbor Day!**

**May 10 - Let's Solve a Mystery!**

GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
K-5	4/26, 5/10	Friday	3:30-5:00p	Prospect Hill Park 314 Totten Pond Rd.	Kara	\$15/day

## PUTTING ON THE GREEN

Have fun learning the fundamentals of a good putting stroke while playing putting games on "The Green." Putters & balls provided. Wear sneakers and bring a water bottle.



GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
K-3	4/27-5/18	Saturday	9:00-10:00a	Cornelia Warren 190 Beaver St.	Sandi Tomasello	\$30

## HOOP STARS

This class teaches youth the fundamentals of basketball including ball control, dribbling, passing, and shooting while incorporating teamwork and good sportsmanship.



GRADE	DATES	DAY	TIME	WHERE	STAFF	COST
3-5	4/26-6/14	Friday	3:30-4:30p	Lowell Field 190 Grove St.	Tyler	\$49

NO PROGRAM MAY 17

# CHILL ZONE

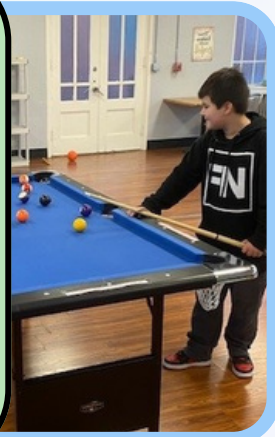
# GRADES

"I come to Chill Zone because it is fun and there is a lot to do"  
-Naira

Chill Zone is a free program for Waltham middle schoolers, offering great opportunities for socialization and physical fitness in a safe and supervised environment.

## 14 CHURCH STREET

14 Church Street is a satellite location of Chill Zone. Members can enjoy playing PS4, pool, mini basketball, doing homework and relaxing after school.



MON/WEDS 2:30-4:30 P.M.

# CHILL

FRIDAY 3:30-8:00 P.M.

"I come to Chill Zone because it is very fun and you get to hang out with your friends".  
-Marifer





## 6-8

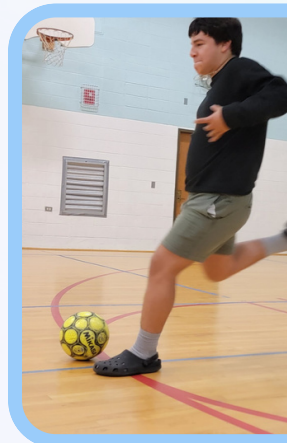
Chill Zone membership covers programming at 510 Moody Street, 14 Church Street and 119 School Street.

Click the link below for membership forms.

"I come to Chill Zone because my friends are here and I feel connected with the staff. This is a place where I am comfortable"  
-Charles

## OPEN GYM

Open Gym at 119 School Street is a satellite location of Chill Zone, members can enjoy playing soccer, basketball, and more.



**TUES/THURS 2:30-4:30 P.M.**  
\*Through March 28\*

"I come to Chill Zone because I like the staff and it is really fun here."  
-Jayden

# ZONE

510 MOODY STREET



**[CLICK HERE FOR MEMBERSHIP FORMS!](#)**

# ADULT PROGRAMS (18+)

## ADULT GOLF CLINICS

Join our adult golf clinic led by PGA Professional Bob Beach for four one-hour lessons. Perfect for beginners and experienced golfers alike, our program covers short game skills like putting and chipping, refining your full swing, and understanding irons and woods. It's a simple, enjoyable way to improve your game. Bring your own clubs if you have them, or we can provide them for you.



DATES	DAY	TIME	WHERE	STAFF	COST
4/24-5/15	Wednesday	5:45-6:45p	Joe Lazaro Putting Green/ Leo J. Martin Golf Course	Bob Beach	\$75



## ADULT TENNIS LESSONS

Our adult tennis program welcomes beginners and intermediate players. Beginners will learn fundamental shots, progress to playing points, and master scoring in a non-competitive setting. Intermediate players focus on improving specific shots through instruction, drills, and supervised play in a friendly, social environment.

DATES	DAY	LEVEL	TIME	WHERE	STAFF	COST
4/2-5/14	Tuesday	Beginner	6:00-7:00p	Nipper Maher 65 Dartmouth St.	Stephen Baccari	\$70
		Intermediate	7:00-8:00p			

NO PROGRAM APRIL 16

## ADULT DODGEBALL

*Pre-registration is required*

Come out and join us in a fun night of Adult Dodge Ball. Show off your agility and throwing accuracy through a friendly gym class-style dodge ball game.

DATES	DAY	TIME	WHERE	STAFF	COST
4/3-5/22	Wednesday	6:00p-8:00p	Govt. Center Gym 119 School St.	Mak	\$49

NO PROGRAM APRIL 17

## ADULT PICK-UP BASKETBALL

*Pre-registration is required*

Play in a noncompetitive environment, and teams are formed weekly for fair play. Bring a reversible pinny or both white and dark shirts for team switches.

DATES	DAY	TIME	WHERE	STAFF	COST
4/4-5/23	Thursday	6:00p-8:00p	Govt. Center Gym 119 School St.	Tyler	\$49

NO PROGRAM APRIL 18

# ADULT PROGRAMS 18+

## ZUMBA

Zumba is a Latin-inspired, dance-fitness class that incorporates Latin and international music and dance movements, creating a dynamic, exciting, and effective workout. But! We take the "work" out of workout! This class is designed for everybody and any fitness level.



DATES	DAY	TIME	WHERE	STAFF	COST
4/2-6/6	Tues/ Thurs	5:30-6:30p	Waltham Recreation 510 Moody St.	Jen Williams	\$5 drop-in \$6 non-resident

NO PROGRAM APRIL 16 & 18



## ADULT YOGA

Connect to your inner strength and fuel that lights you up with Olivia's Tuesday warm flow. It is focused on moving through what feels best, this mid-week flow will rejuvenate your body and soul at a comfortable pace.

DATES	DAY	TIME	WHERE	STAFF	COST
4/2-5/28	Tuesday	6:45-7:45p	Waltham Recreation 510 Moody St.	Olivia Krause	\$80

NO PROGRAM APRIL 16



## ADULT FITNESS ROOM

Cardio and Weights  
Waltham Recreation Department  
510 Moody Street  
Open Monday-Friday  
9:00 a.m. – 4:00 p.m.  
Please sign in at the main office.

# PICKLEBALL (18+)

## ADULT PICKLEBALL (BEGINNERS)

The rules are simple and the game is easy for beginners to learn, but it can develop into a fast-paced, competitive game for experienced players. Learn to play this fun and exciting game and then put your skills to the test in friendly games. All equipment is provided.

DATES	DAY	LEVEL	TIME	WHERE	STAFF	COST
4/5-5/31	Friday	Intermediate	4:30-6p	Graverson Courts 16 Pinevale Rd	Ben	\$70
4/6-5/25	Saturday	Beginner	9:30-11:00 a	Waltham Rec 510 Moody St.		\$80
NO PROGRAM APRIL 19 AND MAY 3						



## PICKLEBALL PLAY

This pickleball session is designed for participants with intermediate or advance experience and skill through fast paced play. Participants must be able to score, know the rules and sustain a rally. This is a great way to enjoy competitive play in a recreational and fun setting.



DATES	DAY	TIME	WHERE	STAFF	COST
4/4-6/6	Thursday	4:30-6p	Waltham Rec 510 Moody St.	Ben	\$80
4/6-5/25	Saturday	11:00-12:30p			\$80
NO PROGRAM APRIL 18, MAY 2					

## COUNCIL ON AGING PICKLEBALL

Join us for Pickleball!  
Pre-Registration is required.  
Please call COA, 781-314-3499, to register.

DATES	DAY	LEVEL	TIME	WHERE	STAFF
4/5-5/31	Friday	Beginner	10:45-11:30a	Waltham Rec 510 Moody St.	Ben
		Intermediate	11:35-12:30p		
NO PROGRAM APRIL 19					

# COURT RESERVATIONS



[CLICK HERE TO RESERVE  
A COURT TODAY!](http://tinyurl.com/Pickle314)

<http://tinyurl.com/Pickle314>

## RESERVATION POLICIES

- Waltham Residents: Open online 2 months in advance, close 1 day before.
- Non-Residents: Open online 1 month in advance, close 7 days before.

### Court Identification:

- Courts will be numbered and labeled (e.g., Pickleball #1, Tennis #1).

### Rescheduling:

- Permit holders may request a reschedule due to weather etc.
- Notify Recreation Department by noon Wednesday prior for eligibility.
- No refunds; \$10.00 administrative fee for date changes.
- Director of Recreation may issue credit if no alternate date available.

### Permit Requests:

- Director reserves right to reject due to previous misconduct.
- Failure to follow all regulations will result in loss of future permits

## PICKLEBALL & TENNIS COURT LOCATIONS

LOCATION	ADDRESS	PICKLEBALL COURTS	TENNIS COURTS	PICKLEBALL NETS	TENNIS NETS	RESIDENT	NON-RESIDENT
<b>GRAVERSON PLAYGROUND</b>	16 PINE VALE RD.	2	1	BRING YOUR OWN	YES	\$5/1.5 HR	\$20/1.5HR
<b>PROSPECT HILL PARK</b>	314 TOTTEN POND RD.	1	0	BRING YOUR OWN	N/A	\$5/1.5 HR	\$20/1.5HR
<b>NIPPER MAHER PARK</b>	65 DARTMOUTH ST.	2	2	BRING YOUR OWN	YES	\$5/1.5 HR	\$20/1.5HR
<b>MCCABE PLAYGROUND</b> (After 3p.m. Mon-Fri)	90 CHARLOTTE RD	2	2	BRING YOUR OWN	YES	\$5/1.5 HR	\$20/1.5HR
<b>LOWELL FIELD</b>	190 GROVE ST.	4	4	YES	YES	\$5/1.5 HR	\$20/1.5HR
<b>119 SCHOOL ST. (INDOOR)</b> Tues/Thurs 10a-7p Please park across the street. Do not park in 119 School St Enter gym via back parking lot.	119 SCHOOL ST.	1	0	YES	N/A	\$20/HR	\$35/HR

# VETERANS MEMORIAL ICE RINK

295 TOTTEN POND ROAD  
781-314-3474

**CLOSING FOR THE  
SEASON ON MARCH 30!**

CLICK LINK FOR SKATE  
HOURS AND MORE INFO!



<http://tinyurl.com/VetMemRink>

## PAVILION PERMITS



**CLICK HERE TO  
RESERVE A PAVILION!**

<http://tinyurl.com/WalRecPavilion>

### PAVILION PERMIT POLICIES

- Pavilion Permits are a four-hour reservation.
- Maximum number of guests for is 25 individuals.
- No alcohol or drug use on City of Waltham property.
- Barbecue grills, located at Prospect Hill Park's Base Area are available. This is the only location that allows grilling or open fires.
- The schedule for the Amusements at Prospect Hill Park is released the last day of each month. Base Area pavilion reservation does not guarantee the availability of the Amusements.
- Outside vendors or rentals are not permitted with a pavilion permit reservation.
- A comfort station (environmentally friendly restroom) or a seasonal portable restroom will be available at all locations where pavilion permits are available.
- Groups are responsible for removing their own trash from the pavilion areas and leaving the area clean.

Residents can reserve up to two months in advance, and a minimum of five days prior. Groups over 25 individuals must request special event approval from the Director of Recreation. Alternate dates are possible for rescheduling due to weather, with notification from permit holder required by noon the Wednesday before. Refunds aren't provided, but date changes incur a \$10.00 fee. Credit may be issued at the Director's discretion if no alternate date is available.

# SUMMER REGISTRATION IS TUESDAY, APRIL 9!

Brochure will be online on April 1  
Programs begin the week of June 24.



JOIN OUR TEAM THIS SUMMER!

CLICK HERE TO APPLY

<http://tinyurl.com/WalthamSummerJob>

# SLIDE INTO FUN THIS SPRING AT WALTHAM RECREATION!



DON'T FORGET TO  
REGISTER ONLINE,  
MARCH 12!



Front and back page photo credit: Riley Silvia

A handwritten signature in black ink, appearing to read "Riley Silvia".