

## Waltham Free Food Resources July 31-August 6, 2023

Compiled by WATCH CDC [www.watchcdc.org](http://www.watchcdc.org)

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or

<https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>

Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

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### Monday, July 31

**10–12:00pm** [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle Street.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street

**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA - Immanuel Methodist Church, 545 Moody Street -- Masks required inside.

### Tuesday, August 1

**10–12:00pm** [Breakfast, Lunch, + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody Street

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street

**2:30-6pm** [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)

**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA - Immanuel Methodist Church, 545 Moody Street

### Wednesday, August 2

**9-11am** [Breakfast for anyone] Chaplains on the Way- Waltham City Hall Common- Gazebo, 610 Main St. Breakfast and service. Patrons do not have to stay for the service in order to receive a meal.

**9-12pm** [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Immanuel Church, 545 Moody St. (Enter from Cherry St.)

**10–12:00pm** [Breakfast, Lunch + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street

**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA- Immanuel Methodist Church, 545 Moody Street

### Thursday, August 3

**10–12:00pm** [Breakfast, Lunch + Bread and Pastry to go for anyone] Salvation Army - 33 Myrtle Street

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street

**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA - Immanuel Methodist Church, 545 Moody Street -- Masks required inside.

### Friday, August 4

**10–12:00pm** [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle Street.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street

**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA- Immanuel Methodist Church, 545 Moody Street -- Masks required inside. Double meals on Fridays.

### Saturday, August 5

**8-10am** [Groceries to go for all MA residents] Medway Village Food Pantry - 170 Village St, Medway. On site registration.

**9:30am-2pm** [fresh local produce, SNAP & EBT accepted] Waltham Farmers Market, Behind 234 Moody St., next to Embassy Public Parking Garage

**11:30-2pm** [groceries, toiletries] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. Must register the first time. New families must register. More info. at [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)

### Sunday, August 6

**2-4pm** [Meals for all] Temple Beth Israel of Waltham and Food not Bombs – Waltham Commons, 610 Main St. (opposite commuter rail station)

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### Salvation Army Food Pantry

**[10-12:00pm]** Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle Street

To Go Meals- 10-12pm Mon., Tue., Wed., Thurs. and Friday

Fresh Fruit and Vegetables - Second and fourth Wednesday of the month

Bread Pantry - 10-12pm Tue., Wed. and Thursdays

### YMCA Waltham

Youth 17 and younger eat free. Breakfast and lunch are served until the end of the YMCA's Summer camp on August 25. No registration or ID required. Meals have to be requested at their front desk.

**[9-2pm]** Breakfast & lunch from Monday- Friday at the Waltham YMCA for 17 and younger. - 725 Lexington St

### Boys and Girls Club: Summer Eats

All kids and teens eat free. Meals are served Monday- Friday. Program runs from June 26- August 18. No meal service during inclement weather. No registration or ID required. Find a site near you:

- **11:30pm-12pm**- Waltham Public Library, 735 Main Street
- **12-1pm**- Connors Pool on 330 River Street, Drake Playground on 3 Hazel Street
- **12:15-12:45pm** Prospect Hill Terrace on 2 Hansen Road, Chesterbrook Garden on Brookway Circle, McDonald Playground on 8 Cutter Street