Waltham Free Food Resources January 2-8, 2023 Compiled by WATCH CDC www.watchcdc.org

Monday. January 2

7:30-10:30am [Breakfast and coffee for all] Chaplains on the Way – First Parish Waltham, 50 Church St. 10-12:00pm [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle Street. 11:30am [Meals to go for residents over 60] Springwell -Waltham Clark Apts. 48 Pine Street 11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street 12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton Street 4:30-5:30pm [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA - Immanuel Methodist Church, 545 Moody Street -- Masks required inside. **Tuesday, January 3**

7:30-10:30am [Breakfast and coffee for all] Chaplains on the Way – First Parish Waltham, 50 Church St. 10-12:00pm [Breakfast, Lunch + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street. 11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody Street 12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton Street 2:30-6pm [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at www.centrestfoodpantry.org 4:30-5:30pm [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA - Immanuel Methodist Church, 545 Moody Street

Wednesday, January 4

7:30-10:30am [Breakfast and coffee for all] Chaplains on the Way – First Parish Waltham, 50 Church St. 9-12pm [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Immanuel Church, 545 Moody St. (Enter from Cherry St.) 10-12:00pm [Breakfast, Lunch + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street 11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street 12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton Street 4:30-5:30pm [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA- Immanuel Methodist Church, 545 Moody Street

Thursday, January 5

7:30-10:30am [Breakfast and coffee for all] Chaplains on the Way – First Parish Waltham, 50 Church St.

10-12:00pm [Breakfast, Lunch + Bread and Pastry to go for anyone] Salvation Army - 33 Myrtle Street

11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street

12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton Street

4:30-5:30pm [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA - Immanuel Methodist Church, 545 Moody Street -- Masks required inside.

Friday, January 6

7:30-10:30am [Breakfast and coffee for all] Chaplains on the Way – First Parish Waltham, 50 Church St.

10-12:00pm [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle Street.

11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street

12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton Street

4:30-5:30pm [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA- Immanuel Methodist Church, 545 Moody Street -- Masks required inside. Double meals on Fridays.

Saturday, January 7

8-10am [Groceries to go for all MA residents] Medway Village Food Pantry - 170 Village St, Medway. On site registration. 11:30-2pm [groceries, toiletries] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. Must register the first time.New families must register. More info. at www.centrestfoodpantry.org

Sunday, January 8

12:30-4:30pm [Meals for all] Temple Beth Isreal of Waltham and Food not Bombs – First Parish Waltham, 50 Church St.

Salvation Army Food Pantry

[10-12:00pm] Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle Street

To Go Meals- 10-12pm Mon., Tue., Wed., Thurs. and Friday Fresh Fruit and Vegetables - Second and fourth Wednesday of the month Bread Pantry - 10-12pm Tue., Wed. and Thursdays

> Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps Are you eligible for WIC benefits? Call 781-642-7194 to learn more.