

# Waltham Free Food Resources January 30-February 5, 2023

## Compiled by WATCH CDC [www.watchcdc.org](http://www.watchcdc.org)

### Monday, January 30

**7:30-10:30am** [Breakfast and coffee for all] Chaplains on the Way – First Parish Waltham, 50 Church St.  
**10-12:00pm** [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle Street.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**2-3:45pm** [Snack for youth 18 and under] Waltham Boys and Girls Club- Waltham Public Library, 735 Main Street  
**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA - Immanuel Methodist Church, 545 Moody Street -- Masks required inside.  
**5-6:00pm** [Dinner for youth 18 and under] Waltham Boys and Girls Club- Waltham Public Library, 735 Main Street

### Tuesday, January 31

**7:30-10:30am** [Breakfast and coffee for all] Chaplains on the Way – First Parish Waltham, 50 Church St.  
**10-12:00pm** [Breakfast, Lunch + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**2-3:45pm** [Snack for youth 18 and under] Waltham Boys and Girls Club- Waltham Public Library, 735 Main Street  
**2:30-6pm** [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)  
**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA - Immanuel Methodist Church, 545 Moody Street  
**5-6:00pm** [Dinner for youth 18 and under] Waltham Boys and Girls Club- Waltham Public Library, 735 Main Street

### Wednesday, February 1

**7:30-10:30am** [Breakfast and coffee for all] Chaplains on the Way – First Parish Waltham, 50 Church St.  
**9-12pm** [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Immanuel Church, 545 Moody St. (Enter from Cherry St.)  
**10-12:00pm** [Breakfast, Lunch + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**2-3:45pm** [Snack for youth 18 and under] Waltham Boys and Girls Club- Waltham Public Library, 735 Main Street  
**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA- Immanuel Methodist Church, 545 Moody Street  
**5-6:00pm** [Dinner for youth 18 and under] Waltham Boys and Girls Club- Waltham Public Library, 735 Main Street

### Thursday, February 2

**7:30-10:30am** [Breakfast and coffee for all] Chaplains on the Way – First Parish Waltham, 50 Church St.  
**10-12:00pm** [Breakfast, Lunch + Bread and Pastry to go for anyone] Salvation Army - 33 Myrtle Street  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**2-3:45pm** [Snack for youth 18 and under] Waltham Boys and Girls Club- Waltham Public Library, 735 Main Street  
**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA - Immanuel Methodist Church, 545 Moody Street -- Masks required inside.  
**5-6:00pm** [Dinner for youth 18 and under] Waltham Boys and Girls Club- Waltham Public Library, 735 Main Street

### Friday, February 3

**7:30-10:30am** [Breakfast and coffee for all] Chaplains on the Way – First Parish Waltham, 50 Church St.  
**10-12:00pm** [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle Street.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**2-3:45pm** [Snack for youth 18 and under] Waltham Boys and Girls Club- Waltham Public Library, 735 Main Street  
**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA- Immanuel Methodist Church, 545 Moody Street -- Masks required inside. Double meals on Fridays.  
**4:30-6:00pm** [Dinner for youth 18 and under] Waltham Boys and Girls Club- Waltham Public Library, 735 Main Street

### Saturday, February 4

**8-10am** [Groceries to go for all MA residents] Medway Village Food Pantry - 170 Village St, Medway. On site registration.  
**11:30-2pm** [groceries, toiletries] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. Must register the first time. New families must register. More info. at [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)

### Sunday, February 5

**1-4pm** [Meals for all] Temple Beth Israel of Waltham and Food not Bombs – First Parish Waltham, 50 Church St.

### Salvation Army Food Pantry

[**10-12:00pm**] Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle Street

To Go Meals- 10-12pm Mon., Tue., Wed., Thurs. and Friday

Fresh Fruit and Vegetables - Second and fourth Wednesday of the month

Bread Pantry - 10-12pm Tue., Wed. and Thursdays

**Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center  
617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>  
Are you eligible for WIC benefits? Call 781-642-7194 to learn more.**