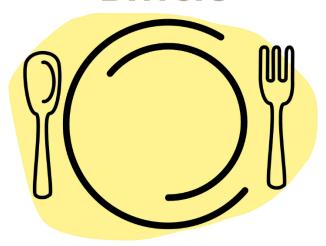
Waltham Council on Aging Seeks Meals on Wheels Volunteer Drivers



Help is needed to sustain this invaluable program

Program runs Monday through Friday, 11:15 AM -12:15 PM

Volunteer on your lunch break!

Once a week or share with a co-worker

Weekly or every other week

You can volunteer on a short term basis, i.e. 1-2 months

Pick the day you are available

Deliver 8-10 meals in a specific neighborhood

The rewards are indescribable

Please call 781-314-3300

