



**HEALTHY WALTHAM AND** THE CUMMINGS FOUNDATION ARE PROUD TO PRESENT...

## FREE COMMUNITY FITNESS CLASSES

ZVASA WITH JEN WILLIAMS AND FRIENDS!

## **EVERY WEDNESDAY STARTING**

JUNE 28TH THROUGH **AUGUST 16<sup>TH</sup>, 2023** 

AT THE WALTHAM COMMON **PARTY STARTS AT 7PM!** 

**WEAR YOUR SNEAKERS AND BRING WATER.** 

## ALL ABILITIES WELCOM

WAIVERS AVAILABLE AT THE EVENT.



instagram.com/zumberal



Jen Williams Zumbera