

DANA-FARBER'S MAMMOGRAPHY VAN DANA-FARBER'S MAMMOGRAPHY SUITE AT WHITTIER STREET HEALTH CENTER

To be imaged on the mammography van or at the mammography suite, patients must meet the following criteria:

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- Be age 40 or older
 - If 30 to 34 years old, the patient must have a referral.
 - A PCP may refer a patient due to family history (e.g., If someone were diagnosed at age 44, their child could have their first mammogram at age 34).
 - A surgeon may refer a patient who is scheduled for a procedure (e.g., a breast reduction).
 - If 35 to 39 years old, the patient's health plan may cover their baseline (first-ever) mammogram. Please contact the DFCI staff for confirmation of coverage.
- Be asymptomatic (i.e., not experiencing any breast symptoms such as lumps, focal pain, discharge, etc.)
 If the patient has symptoms, their primary care provider or the DFCI staff will need to confirm eligibility.
- Have a primary care provider
 - By law, screening mammograms can be self-referred (i.e., an order/referral is not needed for the exam).
 Please note that if a patient receives a recommendation for additional imaging, they will be required to obtain a diagnostic order/referral from a provider.
- Most recent mammogram should be
 - At least one year ago
 - Routine screening once a year is encouraged. There is some flexibility with this criterion since many health plans allow one screening mammogram per calendar year. Please contact the DFCI staff for confirmation of coverage.
 - A negative or benign result
- Not be pregnant
- Able to stand independently (i.e., without assistance) for at least 10 minutes
 - Patients must be able to stand for the mammogram and climb the steps into the van.

Exceptions:

- If the patient's most recent screening was finalized as BI-RADS 0 or BI-RADS 3 more than two years ago and they
 have not completed follow-up, they can return to routine screening.
- If the patient is breastfeeding/nursing,
 - They must breastfeed/nurse or pump one hour before their screening.
- If the patient had any breast procedures:
 - The patient should be fully healed and not experiencing any discomfort.
 - Patients with breast implants will need two appointment slots.
 - Patients who had a breast biopsy should have a result that states they can return to routine screening.
- If the patient has a previous breast cancer diagnosis,
 - They must have one bilateral diagnostic mammogram post-diagnosis without any findings (i.e., the postdiagnostic mammogram should be BI-RADS 1 or 2).
 - Mastectomy patients The contralateral breast must be asymptomatic.